



# ESSENTIAL KIT LIST

The kit which is marked as required for your safety, and as last year, there will be a strict kit check upon registration for the competition, and our safety marshals will ask you to empty the contents of your rucksacks and check you have the right kit.

Individual Kit List (Each Scout in the team must have this)		
<b>Daysack</b>	A daysack big enough to carry all of this individual kit, and with enough space to carry a share of the group kit.	REQUIRED
<b>Walking Boots</b>	For ankle support on rough terrain. <b>Trainers and wellies are <u>not</u> acceptable.</b>	REQUIRED
<b>Waterproof Jacket</b>	One with a hood is desirable.	REQUIRED
<b>Waterproof Overtrousers</b>	Provides protection from rain.	RECOMMENDED
<b>Hat</b>	To protect from both sun and cold.	REQUIRED
<b>Warm Trousers</b>	A pair that you can run in and will dry quickly. <b>No jeans.</b>	REQUIRED
<b>Warm T-Shirt/Jumper</b>	To keep you warm where you need it most.	REQUIRED
<b>Thick Walking Socks</b>	A spare pair is a good idea if it's likely to rain!	REQUIRED
<b>Gloves</b>	To protect your hands from the elements.	RECOMMENDED
<b>Food &amp; Drink</b>	We don't want you going hungry if you get stuck! Sweets, chocolate, etc. are great to keep you going and keep spirits up!	REQUIRED

Team Kit List (Each team must carry this between them)		
<b>First Aid Kit</b>	Obviously, for use in the event of an accident or illness.	REQUIRED
<b>Whistle</b>	To attract attention in an emergency.	REQUIRED
<b>Pen/Pencil &amp; Paper</b>	To note down important information.	REQUIRED
<b>Mobile Phone</b>	A mobile phone is recommended for safety reasons.	REQUIRED
<b>Compass</b>	Each team must a compass.	REQUIRED

**It is the team leader's responsibility to ensure this kit is shared out fairly amongst the team. In the event of a team member retiring from the team, you must ensure you collect the group kit from them and carry it amongst the remaining team members.**

If you have any questions about kit, and for advice on whether a piece of kit will be suitable, please ask your Scout leader, or email [organisers@equinoxchallenge.com](mailto:organisers@equinoxchallenge.com) and we will be glad to help you.

It is expected that the team equipment will be sourced and provided for you by your Scout leader, with the exception of a mobile phone, which the PL or similar is expected to bring, fully charged and in a plastic bag. The mobile number will be taken at registration and used only by the organisers to contact you in an emergency.



**WARNING** The kit marked as essential is required for your own safety. If any person does not have the correct individual kit, or the team as a whole does not have the team kit required between them, and if it is felt that it would be unsafe for you to complete the challenge, you will not be allowed to take part. There are no exceptions to this rule, and the organisers' decision is final. **Please avoid disappointment – you've been warned!**

**THIS KIT LIST IS CORRECT AS OF NOVEMBER 2009.** We reserve the right to make alterations to the required kit; however, such changes will be clearly communicated through our website and via emails to the Scout leaders of all registered teams, well in advance of the event.